

# Lesson Overview

## Keep Lurgee Away

### CASEL Standards:

**RESPONSIBLE DECISION-MAKING:** The abilities to make caring and constructive choices about personal behavior and social interactions across diverse situations. This includes the capacities to consider ethical standards and safety concerns, and to evaluate the benefits and consequences of various actions for personal, social, and collective well-being.

### Academic Standards:

CCSS.ELA-LITERACY.W.K.8

With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

CCSS.ELA-LITERACY.W.1.8

With guidance and support from adults, recall information from experiences or gather information from provided sources to answer a question.

CCSS.ELA-LITERACY.W.2.8

Recall information from experiences or gather information from provided sources to answer a question.

### Objective:

Use responsible decision making regarding personal hygiene.

### Essential Questions:

What are ways I can stay healthy?

### I Can:

I can wash my hands to keep germs away.



# Mindful Teaching Tips

Use the story of Lurgee to talk about where water and waste goes when we wash our hands and body. Integrate this with a science lesson on the water cycle or on water conservation.

## Teaching Transcript

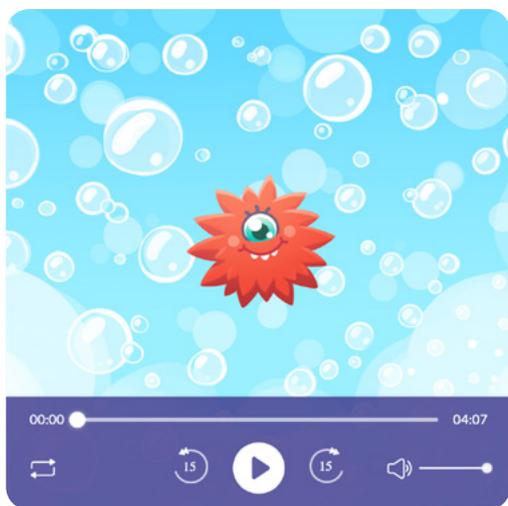
Today we will learn how to stay away from Lurgee the Sniffly Splurgee. Washing our hands helps keep germs like Lurgee away so we do not get sick. Everyone gets sick at some time.

- Do you remember the last time you were sick?
- Did you sneeze, cough, or sniffle?
- How did your body feel?

Have students play act what they are like when they are sick and when they are healthy.

### After You Listen

When you cough or sneeze you get Lurgee on your hands. Washing your hands for twenty seconds with warm water and soap keeps you from passing on Lurgee to your friends and family. Count together while you pretend to wash your hands. What short, fun songs could you sing while you wash your hands? Choose someone to sing and someone to count as you figure out the best way to keep Lurgee away!



# Home Time Activity

We learned that Lurjee loves to travel, but how is a little germ able to get from place to place? Take a small amount of baby powder in your palm and pretend to sneeze by blowing on it. Now you can see how Lurjee travels in the air.

## What happens after you sneeze?

Is Lurjee still on your hand? Yes! Have your child brainstorm other times when washing their hands will help Lurjee stay away.

# Weekly Theme Card

Use a different fun hand washing technique each day.

Sing a favorite song one day.

Then different nursery rhymes the next day.

You could count each finger as you wash it.

Or tell five jokes to laugh while you clean your hands.

If you are feeling creative, make up your own song to sing while washing your hands!

