

Lesson Overview

King Brian Turns Over a New Leaf

CASEL Standards:

SOCIAL AWARENESS: The abilities to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts. This includes the capacities to feel compassion for others, understand broader historical and social norms for behavior in different settings, and recognize family, school, and community resources and supports.

Academic Standards:

Common Core English/Language Arts Standards:

CCSS.ELA-LITERACY.SL.3.2

CCSS.ELA-LITERACY.SL.4.2

CCSS.ELA-LITERACY.SL.5.2

Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.

Objective:

Use mindfulness to treat others with generosity and respect.

Essential Questions:

How can I treat others like I want to be treated?

I Can:

I can use mindfulness to treat others with generosity and respect.



Mindful Teaching Tips

Offer students the opportunity to help others within the school environment. Think about starting a virtual science, math, art, or music group so that students who may have strengths in other areas than academics can connect with like-minded friends. This may be a positive way to connect students who have the same interests and who may not have otherwise become friends.

Teaching Transcript

Turning over a new leaf means improving something about yourself or achieving something new. In today's story, King Brian the Dandy Lion and Ecto the Fancy Banshee learn about how to make positive changes.

- Have you ever changed something about your behavior or actions before?

King Brian likes to brag to impress his friends and treats others rudely.

- What do you think King Brian might do today as he turns over a new leaf?

King Brian's friend, Ecto, tries to help him make changes in his behavior and actions, but Brian doesn't want to.

- Why do you think he doesn't want to change?

Ecto brings King Brian to many places to help him make changes.

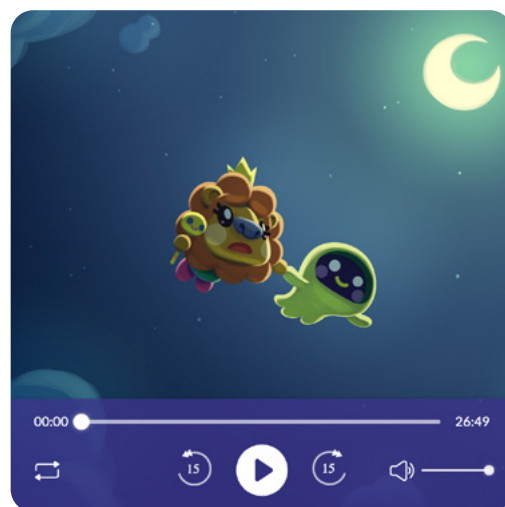
- How does King Brian realize that it's not about what you've got but who you've got in your life?
- What are some other lessons King Brian learns as Ecto takes him back in time?

King Brian decides to change his selfish ways. He donates his toys and games to some Moshlings who need them.

- Have you ever donated anything?
- What would you like to do in the future to help others?

King Brian tells his family and friends thank you for their love and says he will make amends, or change his ways.

- Have you ever apologized about something, then made a positive change?



Home Time Activity

Draw a leaf shape on paper and cut it out. On one side, write something you would like to improve about your behavior or actions. On the other side, write about how you could make these improvements. Make as many leaves as you want, and read your reminders about how you can make positive improvements when times are challenging or you need a boost.

Weekly Theme Card

- Remember how King Brian turned over a new leaf.
- Ecto's reminders for King Brian can help us too.
- He learned to appreciate his friends for who they are, not what they have.
- Being generous to others is a great way to turn over a new leaf, or continue a great habit.
- It's never too late to turn over a new leaf.
- Treat people with respect and generosity like the Magical Moshlings.

