

Lesson Overview

Morgan's Lighthouse Lullaby

CASEL Standards:

RELATIONSHIP SKILLS: The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. This includes the capacities to communicate clearly, listen actively, cooperate, work collaboratively to problem solve and negotiate conflict constructively, navigate settings with differing social and cultural demands and opportunities, provide leadership, and seek or offer help when needed.

Academic Standards:

Common Core English/Language Arts Standards:

CCSS.ELA-LITERACY.SL.3.2

CCSS.ELA-LITERACY.SL.4.2

CCSS.ELA-LITERACY.SL.5.2

Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.

Objective:

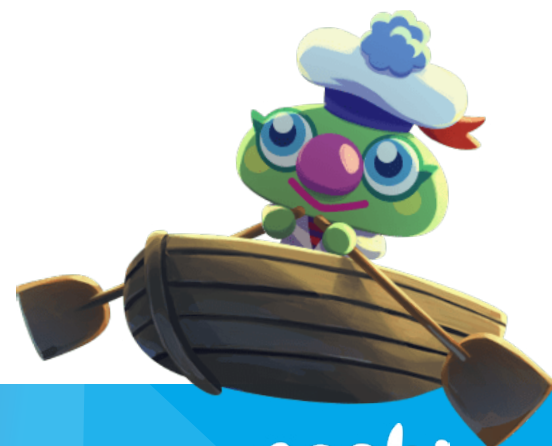
Use relationship skills to seek or offer support and help when needed.

Essential Questions:

How can I seek or offer support when needed?

I Can:

I can seek or offer support when needed.



Mindful Teaching Tips

Friends are a necessary component of life and it is important for children to learn how to be a good friend. But it is equally important for them to recognize if others are being a good friend to them. Friends help you celebrate during the good times and provide needed support during the more difficult times.

Having others around helps to prevent loneliness and at the same time fulfills our need to provide companionship to others. Ultimately, friends increase our sense of belonging and purpose. Help children develop healthy relationships built on mutual respect and trust early on so they are aware of how to build healthy friendships throughout their life.

Teaching Transcript

Before You Listen

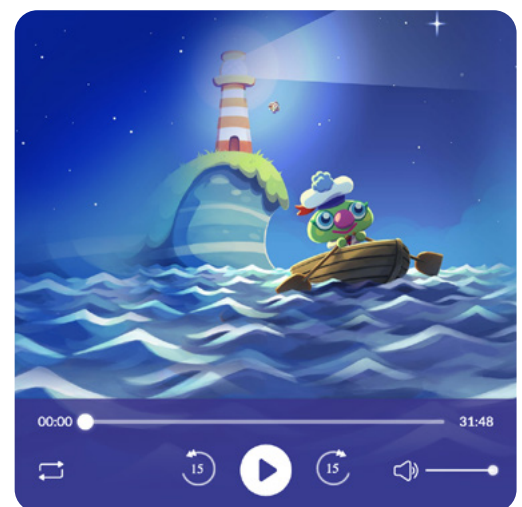
Today we find ourselves in a tall, slender home beside the sea with Morgan, the loneliest lighthouse keeper. Morgan warns the ships of danger and helps guide them to safety, but he is all alone.

- Does Morgan have any friends?
- How would it feel to not have any friends?
- How do you feel when you are alone?

After You Listen

When Morgan makes friends with Tiki the Pilfering Toucan, he shares his desire to leave the lighthouse and experience the world. Tiki supports his new friend by offering to help take care of the lighthouse while Morgan takes a break and sees the world. Tiki and Morgan are good friends to one another.

How can you be a good friend through your words and actions? With a partner, make a list of ways that you can be a good friend. Maybe it is by sharing your lunch if your friend forgot theirs, letting your friend play with your favorite toy, or giving them a high-five when they do something great.



Home Time Activity

A good friend:

- Spends time with you
- Listens to you
- Can be trusted
- Shares with you
- Cheers you up

How are you a good friend to others?

Do your friends act like good friends?

How are they a good friend to you?

What could you add to the list on how to be a good friend?

Making friends can sometimes be hard. It is good to have a plan on how to make friends.

List five things you can do to make a good friend.

Weekly Theme Card

A good friend:

- Spends time with you
- Listens to you
- Can be trusted
- Shares with you
- Cheers you up

Remember how to be a good friend to others.

Make sure you surround yourself with friends who treat you well.

You can use mindfulness to help you be a good friend to others.

