

Lesson Overview

The Legend of the Sock Less Monster

CASEL Standards:

RELATIONSHIP SKILLS: The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups. This includes the capacities to communicate clearly, listen actively, cooperate, work collaboratively to problem solve and negotiate conflict constructively, navigate settings with differing social and cultural demands and opportunities, provide leadership, and seek or offer help when needed.

Academic Standards:

Common Core English/Language Arts Standards:

CCSS.ELA-LITERACY.SL.3.2

CCSS.ELA-LITERACY.SL.4.2

CCSS.ELA-LITERACY.SL.5.2

Determine the main ideas and supporting details of a text read aloud or information presented in diverse media and formats, including visually, quantitatively, and orally.

Objective:

Use relationship skills to resolve conflicts constructively.

Essential Questions:

How can I resolve conflicts in a positive way?

I Can:

I can resolve conflicts in a positive way.



Mindful Teaching Tips

Conflict with children will always occur and it is important to provide them with techniques to resolve the problem. But most importantly, giving children space to practice positive conflict resolution techniques with small problems will help them in the future with larger ones.

Conflict also provides a spark that helps people build better communication and solutions through creativity.

Help your child practice these resolution strategies in the classroom and at home to strengthen their ability to positively resolve conflict. The more they practice, the better they will do!

Teaching Transcript

Today we find ourselves outside the crumbling castle of Jessie the Ginger McMoshling who lives on an island. The people who lived on the island left long ago and Jessie loves the quiet time he spends alone. Because of his nightly swims, people start becoming curious about him. They flock to the island and want to catch a glimpse, but he does not like all of the people around and this causes him distress.

- What is conflict?
- What is your typical response to conflict?
- How do you feel when you are in conflict with others?

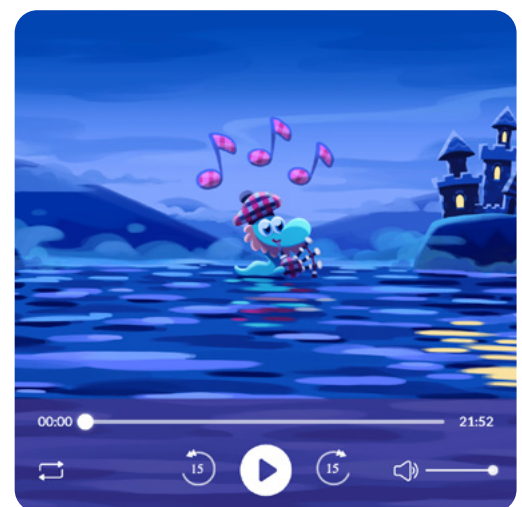
After You Listen

Just like Jessie, we have to come up with solutions to our problems. When we find ourselves in conflict with others, sometimes we have to be creative in order to find the best solution.

Let's play a fun game that helps us test out our ability to find solutions to conflicts.

Here is a fun game to play if you are in the classroom. Look for an alternative individual activity below.

Place students into groups of 10 – 15. Provide each group with a balloon or inflatable ball. Have students stand in a circle. The first challenge is to have each student hit the ball twice, except they are not allowed to hit the ball twice in a row. The second challenge is to have each student hit the ball only once. You can time the groups to add a sense of urgency which can create more conflict among the students.



Follow up after the activity by asking students:

Was this activity more difficult than you thought it would be?

Did any conflict occur within the group on how to complete the challenge?

How did your team deal with the conflict?

How can you apply this to other areas of your life?

For an individual activity, give students a scavenger hunt challenge. Have students find:

- A blue object
- Something cold
- Something that can be tied
- A square object
- Something made of wood
- Something that can bounce
- A flat object
- Something loud
- Something crunchy

Follow up after the activity by asking students:

Was this activity more difficult than you thought it would be?

Did you have any concerns on how to complete the challenge?

How did you deal with the challenge?

How can you apply this to other areas of your life?

Home Time Activity

There are many ways to solve conflicts.

Say "No."

Walk away

Talk it out

Compromise

Ask for help

Apologize

Go to another activity

Which one would you choose in these situations?

- A friend came over to play and they don't want to do what you want to do.
- A classmate cut in line for lunch.
- Someone took your pencil during math.
- You weren't looking where you were going and bumped into a friend causing them to spill their drink.

Weekly Theme Card

Jessie was creative and chose to resolve the conflict with the tourists where he could have peace and quiet again. He dressed up and gave the tourists exactly what they wanted – a monster! Jessie knew who he was and what would work best for his situation.

Which conflict resolution is best for you?

Say “No.”

Walk away

Talk it out

Compromise

Ask for help

Apologize

Go to another activity

