

# Lesson Overview

## Betty the Yodeling MooMoo

### **CASEL Standards:**

**SOCIAL AWARENESS:** The abilities to understand the perspectives of and empathise with others, including those from diverse backgrounds, cultures, and contexts.

**RELATIONSHIP SKILLS:** The abilities to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

### **Academic Standards:**

National Curriculum in England - English Programmes of Study:

#### Spoken Language – Statutory Requirements:

Pupils will use spoken language to develop understanding through imagining and exploring ideas.

Pupils will listen and respond appropriately to adults.

Pupils will give well-structured descriptions for different purposes, including for expressing feelings.

#### Reading Comprehension – Statutory Requirements:

Pupils will also develop pleasure in reading, motivation to read, vocabulary and understanding by listening to and expressing views about a story at a level beyond that at which they can read independently.

#### Writing – Statutory Requirements:

Pupils will compose their sentences orally before writing them down.

### **Objective:**

Use relationship skills to work collaboratively to problem solve.

### **Curriculum:**

This lesson is part of a well-designed curriculum that builds SEL skills sequentially. Students will continue to improve their self-management and self-awareness as well as other SEL skills in other short, high-quality lessons. During these lessons in which pupils are active participants, pupils will explicitly be taught why these improved SEL skills are so valuable.

### **Essential Questions:**

How can I work with others to solve a problem?

### **I Can:**

I can work with others to solve a problem.



# Mindful Teaching Tips

If your students or child has never heard a professional yodeler, go online and watch some yodeling videos so they have a deeper connection with the story. And if you are feeling adventurous, take a free online yodeling course with your child and have a blast yodeling away together!

Giving children an opportunity and space to be loud is a great way to allow them to express their emotion. Kids are often loud when they get excited or upset and helping them to know when it is okay to be loud and when they should be quiet is very important. Being loud while they play with others is very healthy and helps them develop both socially and physically.

## Teaching Transcript

Can you hear Betty the Yodeling MooMoo? She's standing in the town square yodeling her beautiful song. But the problem is everyone else in Strudelhofen is trying to go to bed and her yodeling is keeping them awake.

How do loud noises make you feel?

When do you like to hear loud noises?

How do you feel when you are trying to fall asleep and other people are being loud?

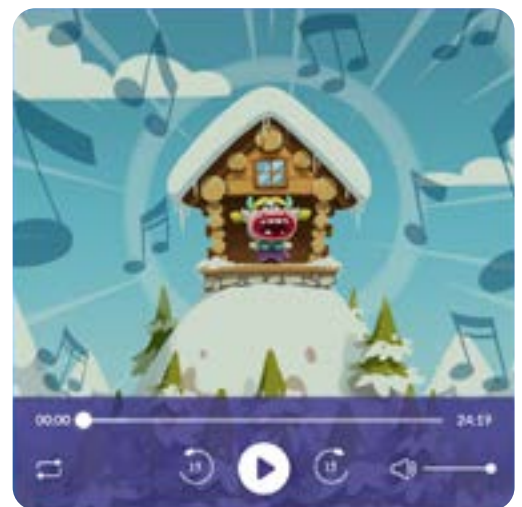
### After You Listen

The Moshling townspeople came together and identified their problem – Betty was yodeling too loudly at night. They each gave suggestions on how to solve the problem until they all decided on building her a stage in the hills. Then she could yodel at night further away and not be as loud.

Let's get into groups and look at how to solve problems together. Each person should give a suggestion and then the group should decide on a way to solve the problem.

**Problem 1:** You saw someone in the class take food out of another student's lunchbox without telling them. What should you do?

**Problem 2:** One friend invited you to go to the park and play on Saturday and you said yes. Then another friend called and invited you to go swimming on Saturday. You would rather go swimming. What should you do?



# Home Time Activity

Betty is a very loud yodeler. She could be heard many towns away when she stood on top of the hill. Betty loved to perform for others so that they could hear her sing. The townspeople didn't want to hurt her feelings by asking her to stop, so they had to come up with a different solution.

Is there a problem or issue in your home that you could come together as a family and solve? Identify a problem, allow each person to suggest a solution, and then come to a final solution as a family. Write down the solution and post it where everyone can see.

# Weekly Theme Card

Our voices naturally get louder and higher when we are excited or frustrated. And sometimes our outside voices make their way inside.

Where can you be loud?

When is a good time to be loud?

Find spaces and times where your child can be loud and make noise.

