

# Lesson Overview

## Crystal's Beautiful Blizzard

### **CASEL Standards:**

**SOCIAL AWARENESS:** The abilities to understand the perspectives of and empathise with others, including those from diverse backgrounds, cultures, & contexts. This includes the capacities to feel compassion for others, understand broader historical, and social norms for behaviour in different settings, and recognise family, school, and community resources and supports.

### **Academic Standards:**

National Curriculum in England - English Programmes of Study:

#### Spoken Language – Statutory Requirements:

Pupils will use spoken language to develop understanding through imagining and exploring ideas.

Pupils will listen and respond appropriately to adults.

Pupils will give well-structured descriptions for different purposes, including for expressing feelings.

#### Reading Comprehension – Statutory Requirements:

Pupils will also develop pleasure in reading, motivation to read, vocabulary and understanding by listening to and expressing views about a story at a level beyond that at which they can read independently.

#### Writing – Statutory Requirements:

Pupils will plan their writing by discussing and recording ideas.

### **Objective:**

Use mindfulness to encourage social awareness.

Understand the benefit of working together.

### **Curriculum:**

This lesson is part of a well-designed curriculum that builds SEL skills sequentially. Students will continue to improve their self-management and self-awareness as well as other SEL skills in other short, high-quality lessons. During these lessons in which pupils are active participants, pupils will explicitly be taught why these improved SEL skills are so valuable.

### **Essential Questions:**

How can I work together with others?

### **I Can:**

I can work together with others for unity.



# Mindful Teaching Tips

Celebrate uniqueness in the learning environment. Make time to celebrate the cultures and traditions of the learners in your class as well as your own. Knowledge of cultures and perspectives increases tolerance, so the more you welcome and include multicultural instruction in your classroom, the better.

## Teaching Transcript

### Before You Listen

Today we join Crystal the Moshling Snowflake as she learns about the importance of unity with her Snowflake friends. All the Moshlings love when it snows and they get to watch Crystal and her Snowflake pals flutter from the clouds to make a blanket of snow.

- Do you live in a climate where it snows in the winter?
- What is a winter's day like where you live?
- Crystal the Snowflake loves to twirl in the wind as she falls from the clouds. What do you like to do in winter?

### After You Listen

Crystal was worried that she was just like everyone else. Have you ever felt like Crystal? Write or share about it if you choose.

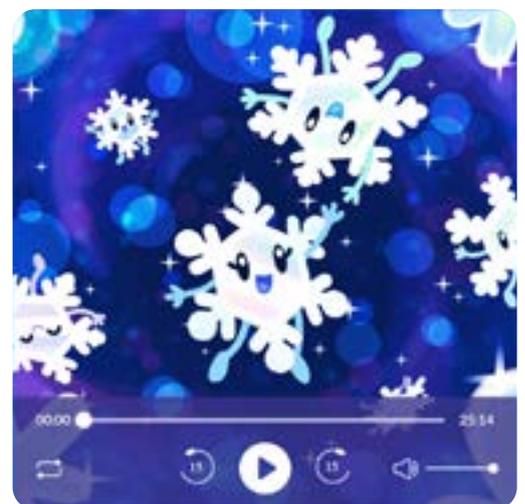
Everyone is unique. What is something unique and special about you?

Crystal finds a friend to ask for advice. Do you have someone you often ask for advice?

Jack the Snowflake, Crystal's friend, explains to her that there can be strength in numbers and together, they can do so much.

When can working together make something easier?

Unity is working together with a group for a common goal or feeling a connection with others who share something in common. When have you experienced unity before?



# Home Time Activity

Take time to talk with your child about your family's cultures and traditions. Invite your child to help you make a favourite family recipe that has been passed down. Involving them in the preparation of a family meal can give you some time with your child and may help them to develop a sense of identity as well as purpose in helping the family.

## Weekly Theme Card

Unity is important because together we stand tall.

Alone, we can be fragile but when we stick together we cover ground like nothing else and can warm peoples' hearts together.

Remember what Jack tells Crystal the Snowflake: "It's not about appearances, it's about how you think and feel."

All of us are different. No two snowflakes are the same. Celebrate your uniqueness. You are wonderful the way you are.

