Relationship Skills Unit Lesson 2:

Kindness, Caring and Sharing with Dewy

Moshi Mindfulness in the Classroom series is a focused sequence of CASEL-aligned lesson plans. Built around the magical Moshi world, the lessons use audio content and characters to bring social-emotional learning to life across topics like self-regulation, awareness, and making friends. Take-home sheets are included with each lesson so that kids and families can practice mindfulness in and out of the classroom.

CASEL Standards:

Relationship Skills - the ability to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Social Awareness - The ability to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

Academic Standards:

Students will focus on the following general early education and pre-kindergarten instruction and school readiness focus areas:

Communication with others.
Identifying emotions.
Using images and language to communicate emotions.

Objective:

Establish and maintain supporting relationships with others by practicing the behaviors that show kindness, caring, and sharing.

Essential Questions:

How can I be kind to others?
How can I be caring to others?
Why is sharing important?

I Can:

I can be kind to others by
I can show I care by
Sharing is important because

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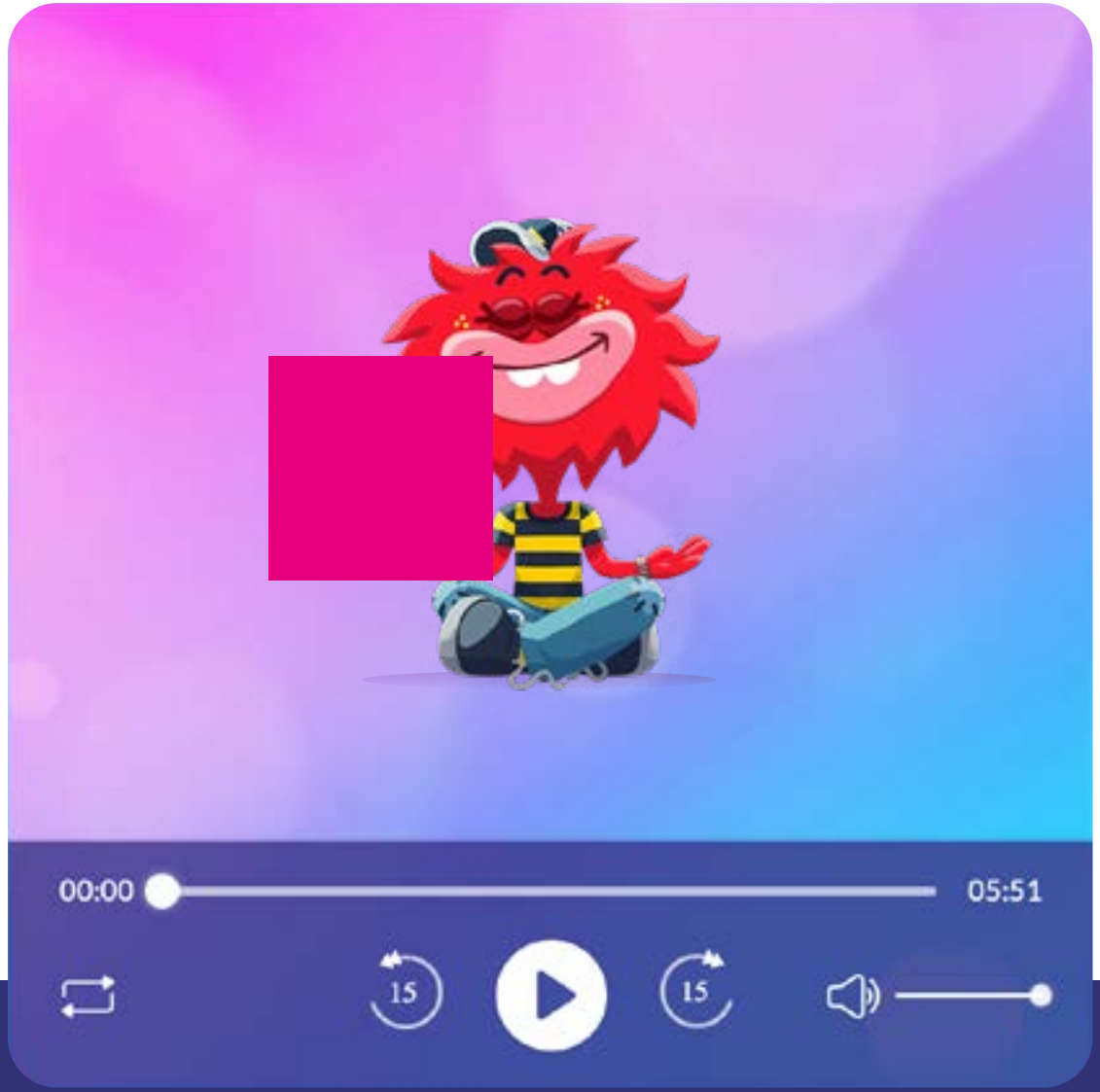
Now we will listen to a story called Kindness, Caring, and Sharing with Dewy. This is Dewy! Click on the picture to begin listening:



http://moshisleep.com/play/7_Days_Getting_Started

Students answer these questions:

How can we be kind to each other?
How can we show that we care about each other?
How can we share with others?

Write down the student-generated answers to Lesson 1: Kindness, Caring, and Sharing with Dewy Questions and read the list aloud to the class.

(Educator Choice: You can focus on ONE topic (Kindness, Caring, Sharing) at a time, OR focus on ALL topics and assign or let students choose a single topic.

Write a sentence on a blank piece of paper with each student example:

We can be kind to others by _____.

We can show we care by _____.

We can share with others by _____.

Each student will draw a picture that shows the example behavior.

Give students time to share their work, and display around the room, or put in a binder so students can add to, or review these behaviors when necessary.

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