

# Relationship Skills Unit Lesson 2: **Kindness, Caring and Sharing with Dewy**





## Moshi Mindfulness in the Classroom series

is a focused sequence of CASEL-aligned lesson plans. Built around the magical Moshi world, the lessons use audio content and characters to bring social-emotional learning to life across topics like self-regulation, awareness, and making friends. Take-home sheets are included with each lesson so that kids and families can practice mindfulness in and out of the classroom.

## CASEL Standards:

Relationship Skills - the ability to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Social Awareness - The ability to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

## Academic Standards:

Students will focus on the following general early education and pre-kindergarten instruction and school readiness focus areas:

Communication with others.

Identifying emotions.

Using images and language to communicate emotions.

## Objective:

Establish and maintain supporting relationships with others by practicing the behaviors that show kindness, caring, and sharing.

## Essential Questions:

How can I be kind to others?

How can I be caring to others?

Why is sharing important?

## I Can:

I can be kind to others by

I can show I care by



## Relationship Skills Unit Lesson 2: Kindness, Caring, and Sharing with Dewy

Now we will listen to a story called Kindness, Caring, and Sharing with Dewy. This is Dewy! Click on the picture to begin listening:



00:00

05:51



[https://app.moshikids.com/schools/play/Kindness\\_Caring\\_and\\_Sharing\\_with\\_Dewy?categoryId=all](https://app.moshikids.com/schools/play/Kindness_Caring_and_Sharing_with_Dewy?categoryId=all)

## Students answer these questions:

How can we be kind to each other?

How can we show that we care about each other?

How can we share with others?

Write down the student-generated answers to Lesson 1: Kindness, Caring, and Sharing with Dewy Questions and read the list aloud to the class.

(Educator Choice: You can focus on ONE topic (Kindness, Caring, Sharing) at a time, OR focus on ALL topics and assign or let students choose a single topic.

Write a sentence on a blank piece of paper with each student example:

We can be kind to others by \_\_\_\_\_.

We can show we care by \_\_\_\_\_.

We can share with others by \_\_\_\_\_.

Each student will draw a picture that shows the example behavior.

Give students time to share their work, and display around the room, or put in a binder so students can add to, or review these behaviors when necessary.



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