

# Relationship Skills Unit Lesson 2: Kindness, Caring and Sharing with Dewy

## **CASEL Standards:**

Relationship Skills - the ability to establish and maintain healthy and supportive relationships and to effectively navigate settings with diverse individuals and groups.

Social Awareness - The ability to understand the perspectives of and empathize with others, including those from diverse backgrounds, cultures, and contexts.

## **Academic Standards:**

Students will focus on the following general early education and pre-kindergarten instruction and school readiness focus areas:

Communication with others.  
Identifying emotions.  
Using images and language to communicate emotions.

## **Objective:**

Establish and maintain supporting relationships with others by practicing the behaviors that show kindness, caring, and sharing.

## **Essential Questions:**

How can I be kind to others?  
How can I be caring to others?  
Why is sharing important?

## **I Can:**

I can be kind to others by  
I can show I care by



# Mindful Teaching Tips

Many of Moshi's audio tracks focus on kindness, caring, and sharing. Caring and Sharing with Dewy is a Moshi Moment available on the Moshi App. You'll find dozens of moments, meditations, breathing exercises, or stories where you can use clips or entire tracks to continue your mindfulness instruction. The Moshi SEL Series Pre-K resources target each of the five areas of the social-emotional standards with a two-lesson unit focused around a short audio track, and a follow-up activity.

## Teaching Transcript

### Students answer these questions:

How can we be kind to each other?  
How can we show that we care about each other?  
How can we share with others?

Write down the student-generated answers to Lesson 1: Kindness, Caring and Sharing with Dewy Questions and read the list aloud to the class.

**Educator Choice:** You can focus on ONE topic (Kindness, Caring, Sharing) at a time, OR focus on ALL topics and assign or let students choose a single topic.

Write a sentence on a blank piece of paper with each student example:

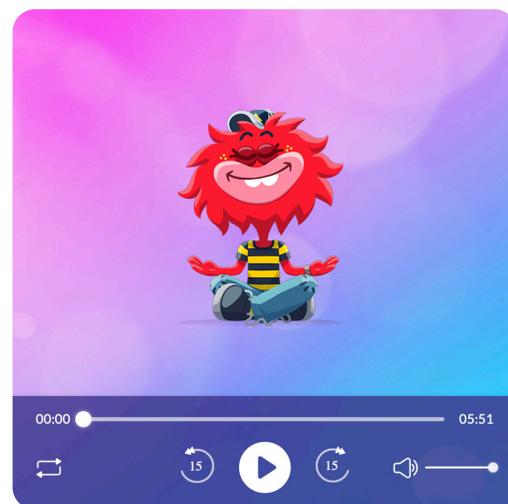
We can be kind to others by \_\_\_\_\_.

We can show we care by \_\_\_\_\_.

We can share with others by \_\_\_\_\_.

Each student will draw a picture that shows the example behavior.

Give students time to share their work, and display around the room, or put in a binder so students can add to, or review these behaviors when necessary.



# Take Home Activity

## Putting Yourself In Someone Else's Shoes - At Home

Families - Social-Emotional Learning Update:

We just finished working on Relationship Skills. We are learning about kindness, caring, and sharing. Our big idea for the Moshi Relationship Skills Unit is understanding that “putting ourselves in someone else’s shoes” means being kind, caring, and sharing with everyone.

## Moshi Mindfulness at Home

Print this page where your child can write or draw about ways they can show kindness, caring and sharing at home.

How can I be kind at home?

How can I show my family that I care?

How can I share with others at home?

## Weekly Theme Card

Kindness, caring, and sharing are like super powers.  
When you are kind, you may feel happy energy.  
The Moshlings like to be as kind as possible.  
When you show you care about others, it helps you to feel good, too.

