

Conversation Guide



Wurley's Twirly Tiddlycopter

Play this short audio track then use the Conversation Guide with your class to reflect on SEL skills and strategies.

Conversation Guide

1. Have you ever had a hard time waking up in the morning? What did it feel like?
2. How do the Moshlings feel when they wake up?
3. What does Wurley do when he wakes up in the morning?
4. What do you do when you wake up in the morning?
5. Have you ever felt grumpy or tired in the morning?

Now, make your own Twirly Tiddlycopter you can use in the mornings to help you feel cheerful, even on days when you don't want to wake up on time.

Track

Wurley's Happy Morning Meditation

(6:45)




moshi
for
Schools

Find Wurley's Magic Word

Directions: Finish these sentences with words from the Word Bank then use the circled letters to find **Wurley's Magic Word**.

1. As you listen to Wurley _ _ _ _ _ _ _ _
nearby, take a nice deep breath
2. _ _ _ _ _ _ you are a Twirly
Tiddlycopter that looks like a mini helicopter
3. Wurley has little arms and legs, and spinning
rotors on his _ _ _
4. Straighten your back like a tall _ _ _
5. Imagine there is a _ _ _ _ _ _ _ _ thread
going from the top of your head to the sun above
6. Reach up to the sky where _ _ _ _ _
is hovering above



Word Bank

tree	golden
head	hovering
Wurley	imagine

Question: What does Wurley do every morning?

**Wurley fills himself with happy _ _ _ _ _
before take-off!**

Answer
key

Magic Word: Energy
1. HOVERING 2. IMAGINE 3. HEAD 4. TREE 5. GOLDEN 6. WURLEY

Make Your Own Twirly Tiddlycopter

Cut and fold the pattern below to make your own Twirly Tiddlycopter. Hold it is high as you can, then let it go to watch the propellers twirl like Wurley's do. Imagine yourself waking up like Wurley and getting ready for your day.

You can write good morning messages on your Tiddlycopter to remind yourself to have a great day!

