

Conversation Guide

Dewy's Blissful Mind Broom

Play this short audio track then use the Conversation Guide with your class to reflect on SEL skills and strategies.

Conversation Guide

1. Have you ever used a broom to sweep the floor? What was it like?
2. How does Dewy use his mind broom to help his mind?
3. What are some thoughts you can sweep away with your mind broom?
4. How did you feel after using your own imaginary mind broom?
5. When do you have thoughts that you could sweep away with your mind broom?
6. Who could you teach to use their mind broom to sweep away negative thoughts?



Track

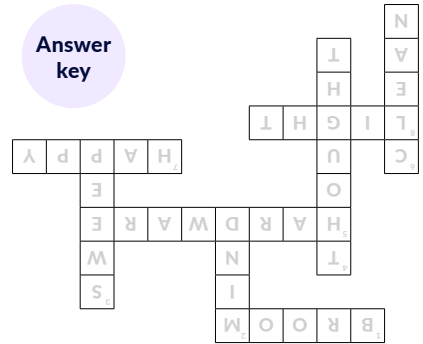
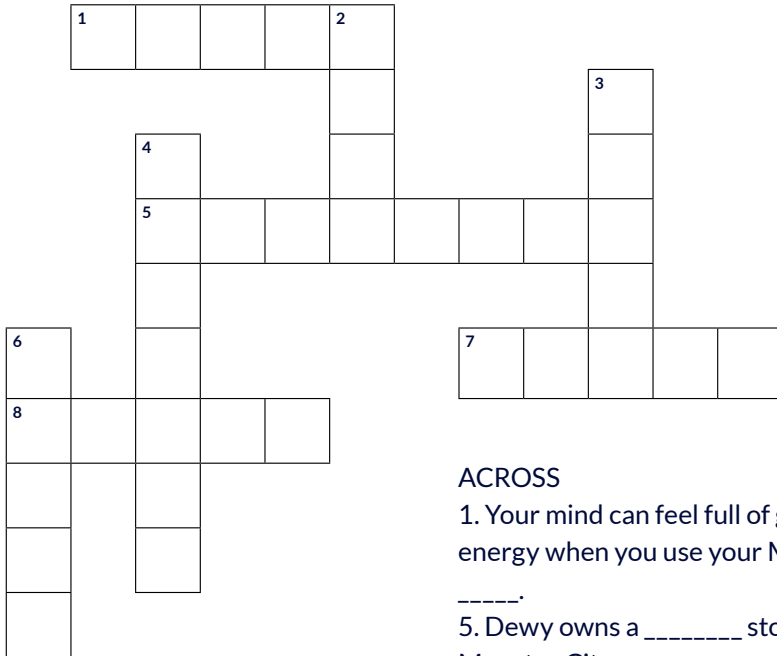
Dewy's Blissful Mind Broom

(11:20)



Dewy's Crossword Clues

Solve the crossword puzzle using words from Dewy's Blissful Mind Broom.



ACROSS

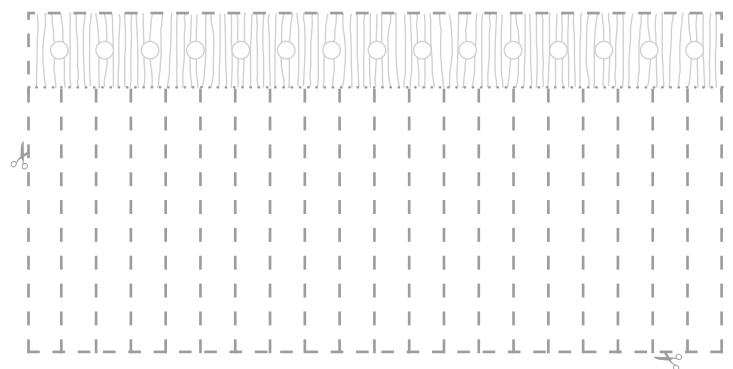
1. Your mind can feel full of good energy when you use your Mind _____.
5. Dewy owns a _____ store in Monstro City.
7. Replace the old thought with a new, _____ thought.
8. Imagine a big ball of happy golden _____.

DOWN

2. Imagine your Mind Broom is sweeping that thought out of your _____.
3. Think of something you'd like to _____ out of your mind.
4. Keep sweeping until the _____ is gone.
6. Using a Mind Broom is like giving your head a spring _____.

Make a Mini Mind Broom

Color and cut out your own Mind Broom, then tape it onto your pencil. You can use your Mini Mind Broom any time you want to sweep out an old thought by writing in a journal.



Dewy's Blissful Mind Broom

Color this picture of the Dewy and sweep your negative thoughts away.

