

Conversation Guide

Play this short audio track then use the Conversation Guide with your class to reflect on SEL skills and strategies.

Conversation Guide

1. How did it feel to relax your body before you listened to ShiShi's story?
2. Why do you think it is helpful to clear your mind before you use your imagination?
3. What is ShiShi doing in her garden? What does she use to plant her garden?
4. How did you feel when you imagined ShiShi's hocus crocus flowers in bloom?
5. What did the imaginary flowers look like that you planted?
6. Are there plants and flowers near where you live?
7. What do they look like?
8. What did you see when you imagined looking down at the garden?



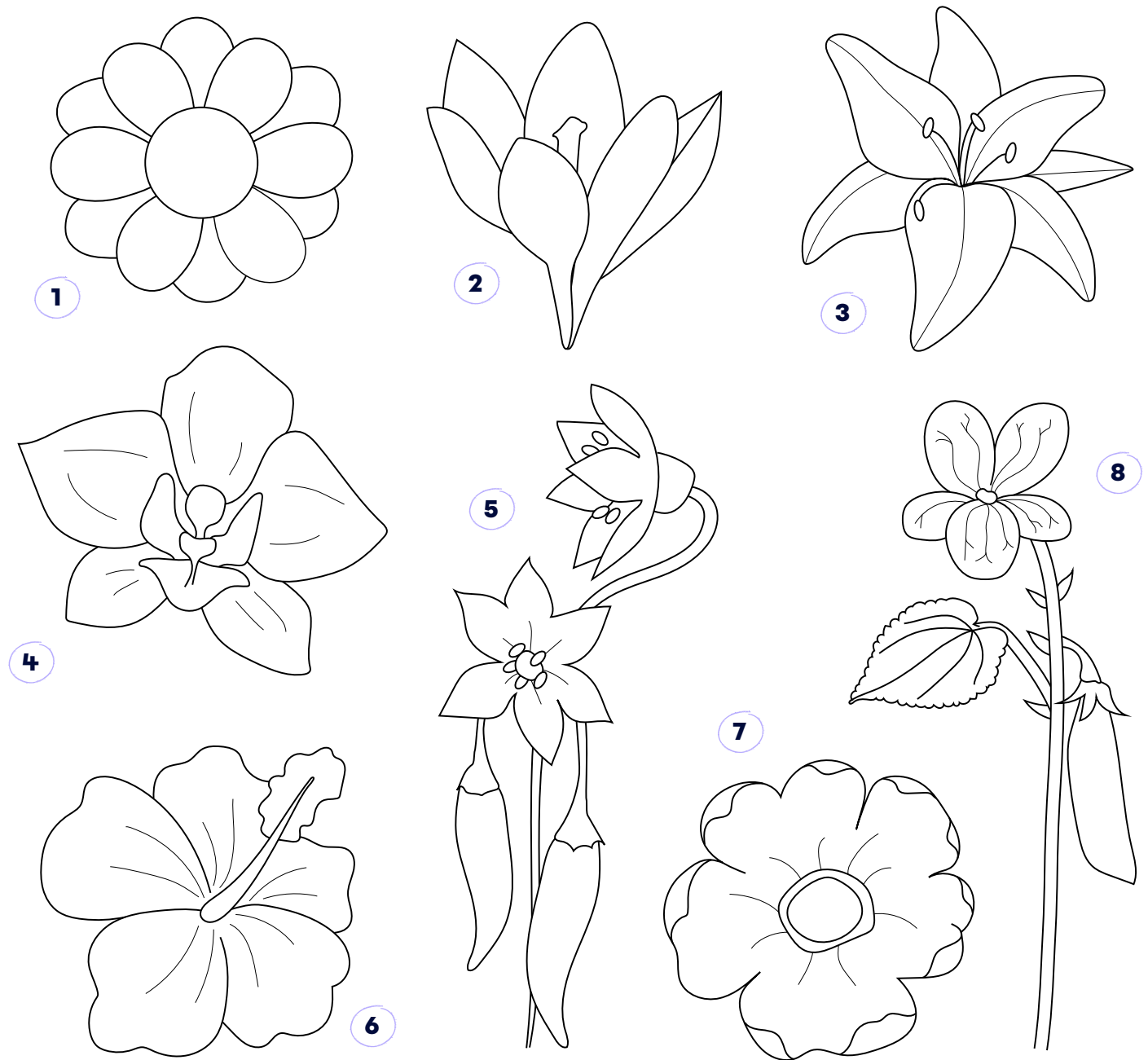
Track

**Growing a Flower Garden
with ShiShi**
(15:00)



ShiShi's Rainbow Flower Garden

Follow ShiShi's Flower Guide to color in all the flowers in her Moshi flower garden.



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| 1. Goobry Flowers: Purple flower | 5. Red Hot Silly Flower: Red flower with chili peppers |
| 2. Hocus Crocus: Purple flower with yellow center | 6. Hip-hop Hibiscus Flower: Silver and gray flower |
| 3. Ticky Tiger Lilies: Black and orange flower | 7. Alpine Pinkerbell: Pink flower |
| 4. Moon Orchids: Blue and green flower | 8. Bibbity Beans: Pink flower |

Growing a Flower Garden with ShiShi

Take time to relax like ShiShi.

