

# Conversation Guide

## Why Kindness Counts with Fuddy

Play this short audio track then use the Conversation Guide with your class to reflect on SEL skills and strategies.

### Discussion Guide

1. How does Fuddy show kindness to others?
2. How does Fuddy feel when he is kind to others?
3. When do you show kindness to others, and how do you feel?
4. What does Fuddy say about small acts of kindness?
5. What are some ways you can show kindness to others, either at home or at school?



## Track

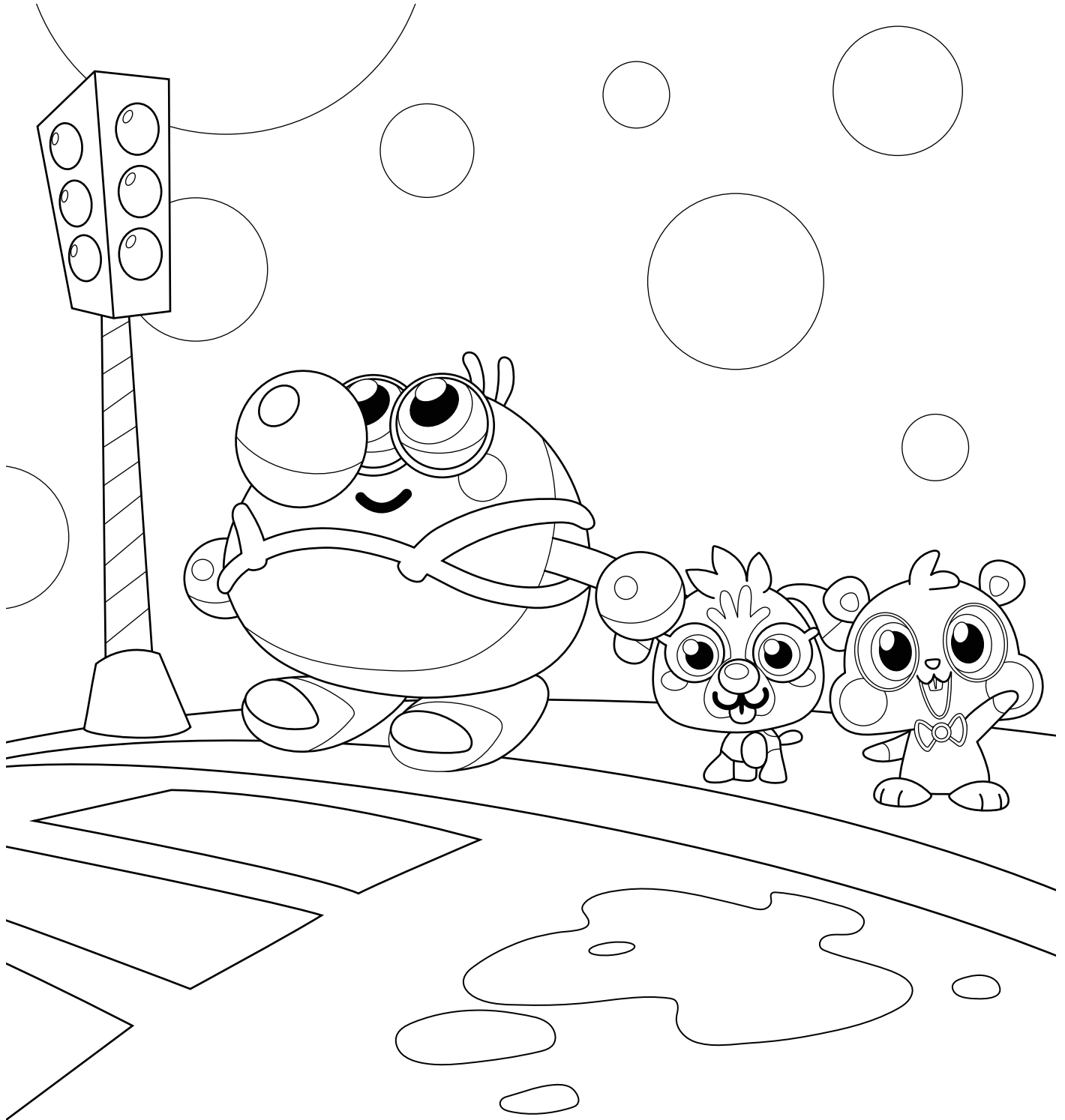
### Why Kindness Counts with Fuddy

(5:46)



# Kindness Counts

Fuddy knows that kindness counts!



# Count on Kindness

The kinder you are to others, the kinder they are to you! Match up these cards about kindness. Finish the statements on the cards, then cut them out. Turn the cards face-down. Turn over two cards and try to match them up. You can test your own memory, or play this game with a friend.

**The kinder you are to others, the kinder they are to you!**



Don't forget to say <b>please!</b> 	Don't forget to say <b>please!</b> 	Don't forget to say <b>thank you!</b> 	Don't forget to say <b>thank you!</b> 
Kindness leads to more <b>kindness.</b> 	Kindness leads to more <b>kindness.</b> 	Use <b>kind words</b> with others. 	Use <b>kind words</b> with others. 
I show <b>kindness</b> by _____ 	I show <b>kindness</b> by _____ 	When I am <b>kind</b> I feel _____ 	When I am <b>kind</b> I feel _____ 